



Seattle Children's
HOSPITAL • RESEARCH • FOUNDATION



Prevention WINS Coalition

Dear Hale/Roosevelt Family,

Teens who make healthy decisions are supported by their parents. You can help influence your child's behavior by:

- setting clear family rules about drug and alcohol use.
- keeping lines of communication open and discussing consequences.
- knowing who your child hangs out with and connecting with their parents.
- safely storing and monitoring medications and alcohol in your home.

Your teenager still needs you. As they face peer pressure, advertising, easy access to drugs, and other negative influences, you are their anchor.

Prevention Works In Seattle (WINS), a community coalition to prevent youth substance abuse, helps parents support their children as they strive to lead healthy lives.

Learn more at:

PreventionWorksInSeattle.org



Seattle Children's
HOSPITAL • RESEARCH • FOUNDATION

Prevention WINS

c/o Seattle Children's Hospital
M/S 7831
PO Box 5371
Seattle, WA 98145-5005

Support at School

Your school-based Teen Health Center provides support for students who may be facing drug and alcohol problems.

Teen Health Centers are open every day during and after school so students can be seen at a time that fits into their schedule. Students can also call their Teen Health Center.

Nathan Hale Teen Health Center:
206-302-1840

Roosevelt Teen Health Center:
206-527-8336

This postcard is made possible through a Drug Free Communities grant from the federal Substance Abuse and Mental Health Services Administration.

NON-PROFIT ORG.
U.S. Postage
PAID
Seattle, WA
Permit No. 8225