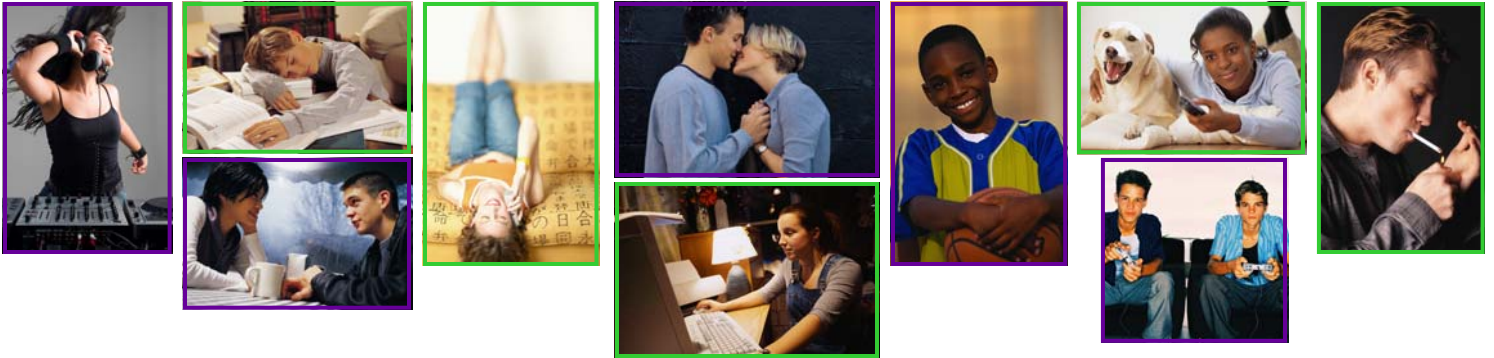


Remember the public service announcement that asked,

***“It’s 10 p.m., do you know where your children are?”***



*The question is still relevant today. Research shows that teens with unsupervised time are three times more likely to use marijuana and other drugs. Unsupervised teens are also more likely to engage in risky behaviors such as underage drinking, sexual activity, and cigarette smoking than other teens.*

*Join other parents in our community to learn more about how to set appropriate boundaries and limits, encourage accountability, while allowing your children to grow and gain independence in their teenage years.*

***Just in time for Spring Break!***

## **Parenting Forum: Keeping Track of Teens**

**Monday, March 23, 2009**

**7:00—8:30 p.m.**

**Eckstein Middle School Library**

**3003 NE 75th Street, Seattle**

7:00 Speakers

- **J. David Hawkins, PhD**, University of Washington Social Development Research Group, developer of *Guiding Good Choices*
- **Ruth Herold**, Executive Director, Changes Parent Support Network

7:45: Questions & Answers

8:00: Small group discussions: *Sharing parenting tips and practices.*

Light snacks will be served.

For more information contact Inga Manskopf at 396-0919 or [inmanskopf@seattleschools.org](mailto:inmanskopf@seattleschools.org).

**UNDERAGE  
DRINKING**

**Not a minor problem**

Sponsored by **Prevention Works in Seattle/**  
NE Seattle Coalition to Prevent Underage Drinking  
[www.PreventionWorksInSeattle.org](http://www.PreventionWorksInSeattle.org).

Funded by a grant from the Washington State Division  
of Alcohol & Substance Abuse